

Information booklet



2024 South African Youth and Open Nationals

Registrations open from **30th August to Sunday 15th September 2024**

Click to register: <https://forms.gle/mG8ahYyyrpFNNriK8>

Parents and Athlete's WhatsApp Group Link:
<https://chat.whatsapp.com/KQrNHuk52S33wcRkxYGp50>

REGISTRATION DEADLINE: Sunday, 15th September 2024

COMPETITION DATES

LEAD CLIMBING	Saturday, 21st Sept 2024	CityROCK Irene
BOULDERING	Sunday, 22nd Sept 2024	CityROCK Irene
SPEED	Monday, 23rd Sept 2024	CityROCK JHB

Proud Venues & Hosted by: Gauteng Climbing

Visit our website: www.gauteng-climbing.co.za



Table of Contents

Introduction

- 1. Where & When**
- 2. Age groups and number of participants for Provincial Lead**
- 3. Structure of events**
- 4. Costs and payment**
- 5. Timetable**
- 6. What to wear**
- 7. Volunteers**
- 8. Refreshments at competition venues**
- 9. Video Recording**
- 10. Photography and Social Media**
- 11. Contact details**
- 12. Technical Incidents**
- 13. Appeals Process**
- 14. Anti-Doping**
- 15. Documentation**
- 16. Summary – what you must do!**
- 17. Legal Disclaimer**

Introduction

Gauteng Climbing welcomes the Provincial athletes to the SANCF Nationals Selection competition.

- **Open Selections**

This event will be used as part of the ranking process for the 2025 IFSC Open Selection of the South African Open Team.

- **Youth and Open National Champions**

This event will be used to select National champions and establish a ranking in each age category.

- **Punctuality**

Please bear in mind that the competition will run strictly according to a timetable. Kindly allow enough time for travel delays.

- **Technical Officials**

Anyone able to assist as a Technical Official at the event, please contact secretary@gauteng-climbing.co.za before Friday **16th September 2024**.

1. When & Where

The 2024 Youth National Lead Climbing Selection Event will be held on the following day:

- ✓ **Saturday, 21st September 2024 at CityROCK Indoor Climbing Gym, Irene, Pretoria**

The address for CityROCK is:

11 Saltus Street, Guernsey North Business Park, CityROCK Unit B, Irene, Centurion, 0062.

For more information, please visit their website. Use the following link for the map: <https://maps.app.goo.gl/CvFsb3vsPdePNDsV7>

▪ **Waiver**

All Athletes / parents must complete the waivers for CityROCK:

Adult Athletes & Spectators: <https://waiver.smartwaiver.com/v/cityrockadult/>

Minor Athletes: <https://waiver.smartwaiver.com/v/cityrockminor/>

▪ **Prize Giving**

Saturday, 21st of September 2024 at CityROCK. There will be 2 prizegiving rounds. One after Youth C and Youth B, and then at the end of the day for the Youth A, Junior & Senior athletes.

The 2024 National Youth Bouldering Competition will be held on the following day:

- ✓ **Sunday, 22nd Sept 2024 at CityROCK, Irene, Pretoria**

The address for CityROCK is:

11 Saltus Street, Guernsey North Business Park, CityROCK Unit B, Irene, Centurion, 0062.

For more information, please visit their website. Use the following link for the map. <https://maps.app.goo.gl/CvFsb3vsPdePNDsV7>

▪ **Waiver**

All Athletes / parents must complete the waivers for CityROCK:

Adult Athletes & Spectators: <https://waiver.smartwaiver.com/v/cityrockadult/>

Minor Athletes: <https://waiver.smartwaiver.com/v/cityrockminor/>

- **Prize Giving**

Sunday, 22nd of September 2024 at CityROCK. There will be 2 prizegiving rounds. One after Youth C and Youth B, and then at the end of the day for the Youth A, Junior & Senior athletes.

All athletes who have podiumed are expected to be present at the prize giving.

The 2024 National Speed Climbing Selection Event will be held on the following day:

- ✓ **Monday 23rd Sept 2024 at CityROCK Indoor Climbing Gym, Johannesburg, Gauteng – From 10:00**

The address for CityROCK Johannesburg is:

46 4th Avenue N, Johannesburg 2194. For more information, please visit their website <http://cityrock.co.za>

Refer to the map below or use the following link:

<https://maps.app.goo.gl/wGJA2kUjdrfiFxyTA>

- **Athletes from out of town are able to use the speed wall at CityROCK Johannesburg at anytime during the week leading up to the competition and on the weekend between 9 and 6 pm for practice.**

- **Waiver**

All Athletes / parents must complete the waivers for CityROCK:

Adult Athletes & Spectators: <https://waiver.smartwaiver.com/v/cityrockadult/>

Minor Athletes: <https://waiver.smartwaiver.com/v/cityrockminor/>

- **Prize Giving**

Monday, 23rd of September 2024 directly after the speed climbing event at CityROCK Johannesburg.

Technical Meeting

A Technical Meeting will be held online on Friday, 20th of September 2024 at 6pm.

The following individuals should be in attendance:

1. GC Manco
2. SANCF Manco
3. Provincial Manco reps
4. Team management and coaches
5. Headsetters from both venues

A link will be provided to all provinces before the meeting.

2. Age groups, Disciplines and number of Athletes for National Competitions

Provinces are requested to please send names and the category under which each will be participating to treasurer@gauteng-climbing.co.za by **Friday 15th September 2024**.

Number of Athletes:

Five (5) provincial athletes per age category, per gender, per discipline are allowed, unless wildcard entries have been submitted due to extenuating circumstances.

Age/Gender Categories (All Disciplines)

- Open Combined Male (Youth A, Open & Senior)
- Open Combined Female (Youth A, Open & Senior)
- Senior Male
- Senior Female
- Junior Male
- Junior Female
- Youth A Male
- Youth A Female
- Youth B Male
- Youth B Female
- Youth C Male
- Youth C Female

IFSC AGE GROUP CATEGORIES FOR 2025

	YEAR OF COMP	2024	
		Year of Birth	
Open	Open	2004	2008
Senior	Senior	-	2004
Youth	Junior	2005	2006
Youth	A	2007	2008
Youth	B	2009	2010
Youth	C	2011	2012

This is the excerpt from the IFSC 2024 RULES:

- a. Youth B: competitors born either 14 or 15 years before the year of the competition;
- b. Youth A: competitors born either 16 or 17 years before the year of the competition;
- c. Juniors: competitors born either 18 or 19 years before the year of the competition.

3. Structure of events – Event Format

Rules:

Scoring will be as per IFSC rules unless otherwise stated and will be explained during the briefing session. An abbreviated guide to the rules will be on display at the venue and in the isolation area. Anyone with further questions is welcome to discuss with the Jury President of the competition, who will be the final arbiter, and clarify any rules issues. For this competition, the **Jury President** will be **Chris Naude**.

Format for Lead:

- a. Two routes will be climbed by each category and the new IFSC numerical scoring method will be applied.
 - i. This will be used to determine the final ranking of the Youth C and B athletes.
 - ii. This will be used to determine those climbers in the OPEN category who will progress to the final.
 - iii. These routes will be flash format. Videos of the routes will be sent out to all athletes prior to the event. Athletes will be kept in the isolation and call zones during their round and will not be permitted to watch each other.
 - iv. Tied results for this round will result in a super final to confirm ranking for top 3 / podium places.
 - v. All age groups will be separated. Age group ranking placement (Youth A, Junior and Senior) will be firstly based on their positions achieved in Finals followed by their placement in the qualifying round. Youth C and B will be placed on their performance in the two qualifying routes.
 - vi. The Open age group will also be separated out for the podium. OPEN Combined age group podiums will be Youth A, Junior and Senior athletes.
- b. The top eight (8) climbers in the OPEN Combined category (Youth A, Junior and Senior) will climb a final route.
 - i. The final will determine the ranking of those athletes, whereafter the ranking from the qualifiers will be applied for each category.
 - ii. The final route will be on-sight, meaning that the groups will be given five minutes to view the route prior to the climb before being

confined to isolation. The route will not be demonstrated, and they will not be allowed to watch anyone climb the routes nor share information about the route.

- iii. Tied results will be resolved by the rollback to qualifiers and thereafter time to complete the final route.

The start orders will be in a randomised order.

- d. The individual competitor will be led to the route at the appropriate time by a belayer. The competitor must have his shoes and harness on and have their chalk. The Competitor must already be tied in and have been checked by his belayer and be accompanied by their belayer to the route. The competitor will have 30 seconds to view the route immediately before their climb.
- e. The attempt will be considered started the moment both feet leave the floor and is completed when the climber has either clipped the final draws or fallen.
- f. Climbers have only one attempt per route and have a maximum of six (6) minutes per route after which they will be called down.
- g. The score on each route is judged by the highest hold that is reached and controlled.

Format for Boulder:

- a. For Youth C and Youth B there will be 1 round of 4 boulders.
- b. The Open Combined (Youth A, Junior and Senior) climbers will have 2 rounds of 3 boulders (so a total of 6 boulders). Six (6) boulder problems will be climbed by each category and the total scores from all six problems (or 4 in the case of Youth B and C) will be used to determine the winners.
- c. It is a Flash competition so each athlete will have 4 minutes per boulder problem (there will be a 15 second admin time built-into the system, with a 4-minute rest period between climbs. With a full viewing of all boulders in a period before all climbing starts – 2 minutes per boulder so a maximum of 12 minutes for all athletes.
- d. The competitor must establish on the starting holds of each problem before commencing their attempt as per 2024 IFSC Rules.
- e. The attempt will be considered started the moment both feet leave the floor and will be deemed completed when the climber has topped the problem or fallen.
- f. The starting order will be randomised.
- g. A 2-minute viewing per problem will be held before the start of each category's round.
- h. Climbers may not ask about beta. Climbers may only touch the marked starting holds during the viewing period. No other holds may be touched, and feet may not leave the ground.
- i. No score shall be awarded for a "touched" hold. A zone hold must be used by the climber in order to maintain a stable and controlled position. Only use of hands on the zone hold are valid for a zone point.
- j. A climber needs to be in full control of the top hold with both hands on the hold to be given the top.
- k. If any podium placed final competitors remain tied following the above, they will be required to climb a super final.

- I. All final rankings will be determined by this single round of 6 boulders for the Open combined category or of 4 boulders for Youth B & C.

Format for Speed:

SANCF COMPETITION FORMAT (see IFSC-E Rules 2.5. and refer to I.a. & I.b. above).

National champions will be crowned per discipline per gender per age group and the Opens will include a Combined podium.

SPEED

- Athletes will have the option of 2 practice runs.
- Qualification: 2 rounds – Fastest time will rank athletes
- Competitors may make one false start within the qualification round.
- Competitors making a false start shall be recorded as having no valid time (IRM) for the relevant race.
- Fastest official times will be used to rank the athletes.
- **Final format will be sent out with the Timetable.**

COMPETITION RULES:

- Upon entry into isolation, phones and all bluetooth devices will be taken and placed into a box. These can be retrieved once the athlete has completed their climbing round.
- Only registered officials will be allowed into the isolation zone, this will include (with good reasons):
 - National Selection Event officials
 - Jury President
 - Chief scorers
 - Headsetters
 - Volunteers whose duties relate to isolation matters: including:
 - Isolation manager
 - Isolation stewards and runners
 - Registration volunteers
 - Coaches, team managers, medical personnel pre-registered by the provinces:
 - These individuals may only be permitted to enter with a valid reason deemed valid by the isolation manager.
 - They may be required to be escorted by an isolation steward or selection event official while in isolation to ensure fairness to all athletes.
 - Should coaches wish to work with their team members for warm up, they are permitted to do so, however, once they have left the isolation zone and watched the climbing round, they will only be permitted back in the space in the presence of an isolation steward or selection event official.

4. Costs and payment

All competitors MUST register via their province with SANCF prior to entering the competition.

1. All athletes must register on the GC Google Form:

<https://forms.gle/mG8ahYyYrpFNNriK8>

2. All athletes must pay GC directly by 15th of September 2024. Banking details:

Gauteng Climbing NPO
FNB 6273 7732 752
Reference: Athlete Name & Surname

3. Cost of the competition:

- **R400 for one discipline**
- **R750 for two or three disciplines**

All competitors must be registered and paid-up members of SANCF and have a valid **SANCF Competition license**. Provincial management please ensure that we have the list of selected competitors timeously.

5. Timetable

There will be no pre-registration for this event. Registration will be on the day of the discipline that you are taking part in, as per the timetable. Your bib/number will be given to you then.

Please refer to the timetable for registration and isolation times. The timetable will be sent out on Monday, 16th of September once all athlete numbers have been finalized.

If you are only competing in one discipline you need only register at the specified registration time for your age group of that discipline.

Timetables will be circulated via the WhatsApp Group. Please ensure that you join the group with the link given. –

<https://chat.whatsapp.com/KQrNHuk52S33wcRkxYGp50>

Athletes must be available on the day that their discipline has been scheduled. This is an indoor event so the weather will not cause the day to change.

**SATURDAY, 21st SEPT 2024 – LEAD CLIMBING
CITYROCK PRETORIA**

**SUNDAY, 22nd SEPT 2024 – BOULDER
CITYROCK PRETORIA**

**MONDAY, 23rd SEPT 2024 -SPEED
CITYROCK JOHANNESBURG**

(This event will take place in the morning and aims to be finished early afternoon)

Open Combined Athletes (Youth A, Juniors & Senior) - please do not book flights earlier than 21:00 departure, no guarantees on final finish time can be given.

6. What to Wear

- All athletes must wear their provincial vest or shirt.
- Athletes are to bring their **own gear** including chalk, shoes and harness (and helmet).
- For the Lead event athletes **must** bring their own rope. We will have some GC ropes available for use for out-of-towners. ALL GC athletes must bring their own ropes.
- The competition bib including the number provided at registration should be displayed clearly on the back of the vest or shirt.
- Please introduce yourself to your judge to confirm identification.

7. Volunteers

The success of the event is dependant on assistance from volunteers; should you be able to volunteer as a scorer, judge, runner or spotter, please complete the volunteer google form by no later than 15th September 2024.

Please can we make use of qualified volunteers from other provinces. It really helps.

Link to sign up: <https://forms.gle/kf1fnt2hg7ZAe6NV9>

8. Refreshments at competition venue

Refreshments will be available at both venues. Competitors are advised to bring their own food and drinks, especially whilst in isolation. Drinks will be provided for the volunteers. CityROCK Pretoria has an inhouse restaurant to purchase food and drinks.

9. Video Recording

There will be no official video recordings taken at this event. Should an athlete feel that they may be required to lodge an appeal at any stage of the competition the onus will be on that athlete to ensure that a friend or family member has recorded their climb.

10. Photography and social media

Photographs taken by the organisers and spectators may be posted on social media accounts of the organisers. This permission / waiver will be included in the competition registration form. Surefooted Photography will be taking official photographs for sale to the athletes after the event.

11. Contact details

Geoffrey Meyer – WCC Secretary – Chief Scorer

082 882 8281

secretary@westerncapeclimbing.co.za

Lee Atkinson – GC Treasurer – Chief Scorer

083 318 3311

treasurer@gauteng-climbing.co.za

Christopher Naudé – SANCF President – Jury President

063 538 4516

chris@westerncapeclimbing.co.za

Allister Fenton – GC President

082 093 8562

president@gauteng-climbing.co.za

Bridgette Erdey – Competition Manager

082 554 2375

secretary@gauteng-climbing.co.za

12. Technical Incidents

It is the competitors' responsibility to be familiar with the definitions of technical incidents should they be in a position to call for one. A technical incident is defined as any occurrence that results in a disadvantage or unfair advantage to a competitor, which is not the result of an action on the part of the competitor, called by the competitor and confirmed by the judge, and may allow the climber to make another attempt. Examples are a loose or broken hold, or a tight rope which either assists or hinders a competitor. The confirmation or non-confirmation of a technical incident shall be made by the Jury President in consultation with the Chief Route Setter and Technical Delegate.

13. Appeals Process

An appeal concerning any competitor must be made within five (5) minutes of the publication of the official results, in writing on an appeal form, available from the event organiser, along with a fee of R200. Should the appeal be upheld, the competitor will be entitled to a refund of R200.

Any appeal will be considered by an appeal committee. The Appeal Committee comprises the Jury President, the Chief Route Setter, the Chief Scorer and the Technical Delegate. The decision of the appeals committee is **final**.

14. Anti-Doping

The SANCF is affiliated to both the International Federation of Sport Climbing (IFSC) and South African Sports Council and Olympic Committee (SASCOC) in terms of which the SANCF has adopted the World Anti-Doping Agency (WADA) Code. The code applies to all competitions held under the auspices of the SANCF and its members and all competitors, coaches, trainers and officials have deemed to have agreed to comply with the code and are fully aware of the list of prohibited substances and medication and confirm they have not taken any of these substances. Please refer to www.wada-ama.org in this regard. Doping violations will be dealt with in accordance with the IFSC Anti-Doping policy and procedure. Please be advised that randomised testing may be conducted during the competition.

15. Documentation

This Information Brochure is to be read in conjunction with the following documents, and the onus is on the athlete to familiarise him or herself with the prescribed regulations:

- SANCF Athlete Registration and Entry Form
- SANCF Athletes Code of Conduct
- SANCF Parents Code of Conduct
- SANCF Anti-Doping Policy
- SANCF Indemnity Form
- SANCF Athlete Selection Policy

16. Summary – what you must do!

Item Due date:

- ✓ Finalize final provincial team list and send the finalized list to GC by **midnight 13th of Sept 2024**;
- ✓ Each Athlete to register on at <https://forms.gle/D1QCnHghJearYpox5> by midnight on the 15th of September 2024;
- ✓ Signup for the Athlete/Parent WhatsApp Group to obtain crucial information easily from the organisers:
WhatsApp Group Link :
<https://chat.whatsapp.com/KQrNHuk52S33wcRkxYGp50>

- ✓ Signup to Volunteer: <https://forms.gle/n1AqAUde42UkbC3V8>
- ✓ Complete both online waivers for CityROCK:
 - Parent / Minor <https://waiver.smartwaiver.com/v/cityrockminor/>
 - Adult Waiver - <https://waiver.smartwaiver.com/v/cityrockadult/>
- ✓ Arrive on 21st, 22nd and 23rd of September 2024 at your allocated time for the competition registration.

17. Legal Disclaimer

All climbing related activities are completely at your own risk. The organizers, Gauteng Climbing, SANCF, the sponsors and venue owners accept no responsibility for any losses, injury or death. All participating climbers, helpers, organizers and spectators take full responsibility for themselves.